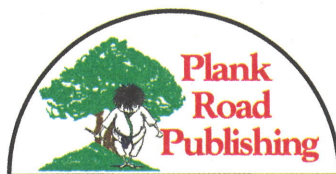


Recorder Karate

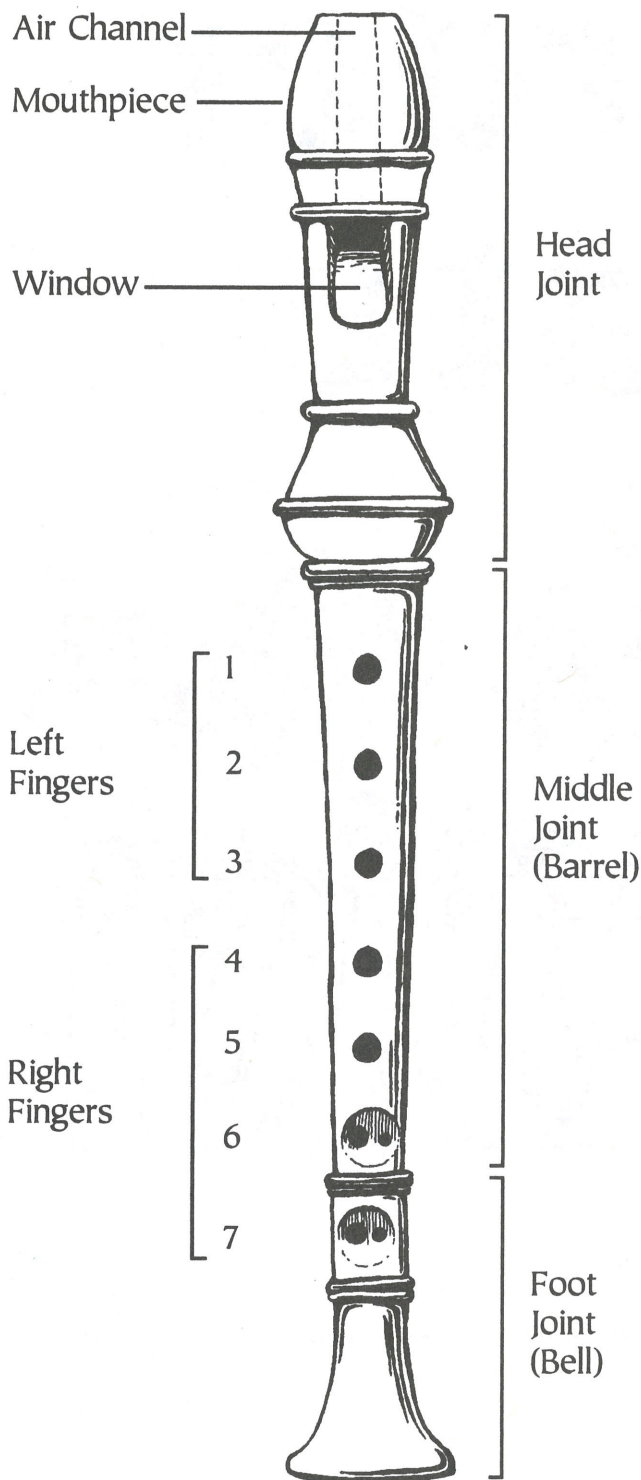


Name _____

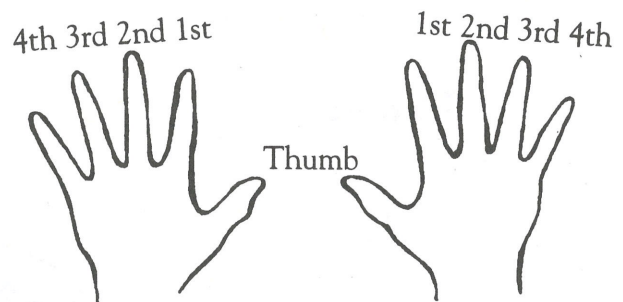
Teacher _____



How To Hold The Recorder

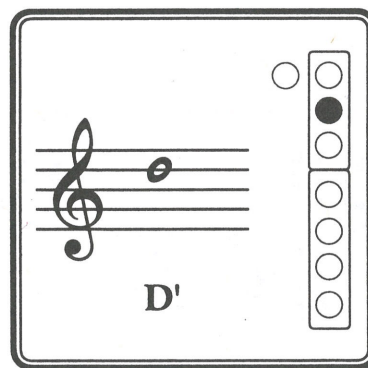
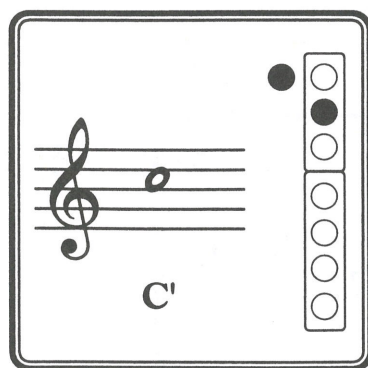
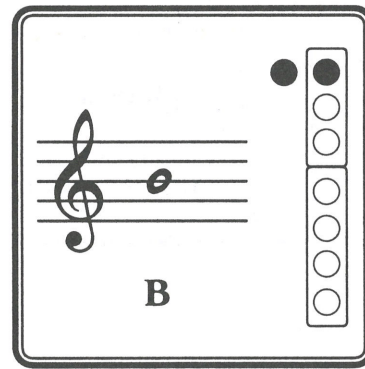
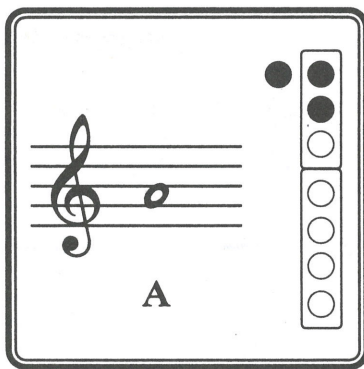
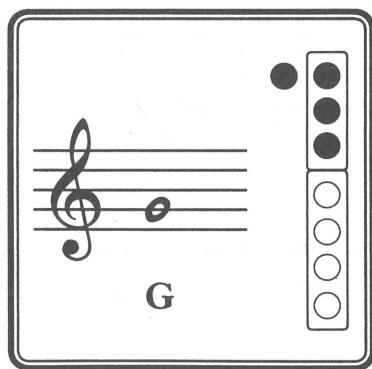
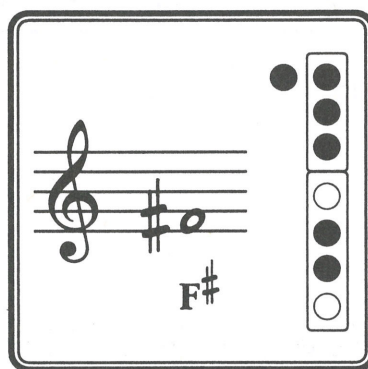
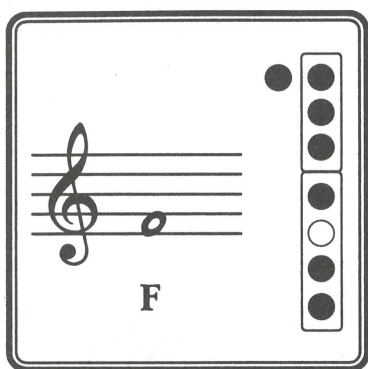
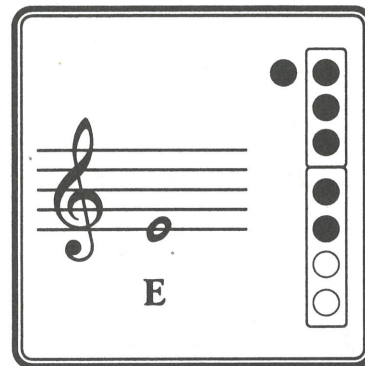
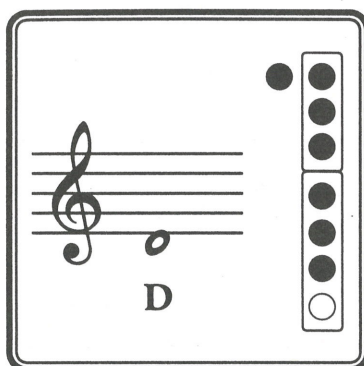
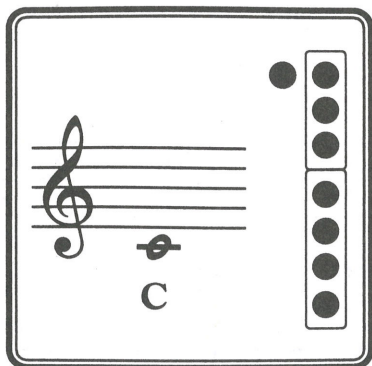


- All recorders have a thumb hole in the back and seven holes down the front. Some recorders have double holes on the bottom two holes.
- The left hand is placed at the top of the recorder, which is by the mouthpiece. The left hand covers the thumb hole in the back of the recorder and the first three holes. The pinkie finger of the left hand is never used and should be held away from the recorder.
- The right hand is placed at the bottom of the recorder. The right thumb is used to balance the recorder and is placed between the 4th and 5th holes on the back. The right hand fingers cover the four holes near the bottom of the recorder.
- Cover the holes completely with the flat, fleshy pad of your fingers, NOT the fingertips.
- Fingers should be slightly curved.
- Fingers that are not being used to cover holes should be held a little distance above their holes so they are ready to quickly play the next note.
- Hold your recorder at a 45-degree angle. Your elbows should be slightly away from your body. Make sure to sit up straight!



RECORDER FINGERING CHART

The hole that is outside the box indicates the thumbhole on the back of the recorder. When the circle is black, cover that hole with the correct finger.



1 - White Belt

Hot Cross Buns

2 measures (8 beats) introduction
on recording

Traditional

Hot cross buns! Hot cross buns!

One a pen - ny, two a pen - ny, hot cross buns!

New things to learn for the White Belt song:

	half note = 2 beats		time signature = 4 beats in each measure		half rest = 2 beats of silence
	quarter note = 1 beat				

new notes:

G	A	B

counting:

1	2	3	4

2 – Yellow Belt

Gently Sleep

2 measures (8 beats) introduction
on recording

Traditional
lyrics by Barb Philipak



Gent-ly sleep, my sweet child. Gent-ly sleep, with that smile.



Gent - ly sleep, lit - tle one. Gent - ly sleep, day is done.

New thing to learn for the Yellow Belt song:

’ **breath mark** When you see this symbol, take a breath.
Try only to take a breath every two measures.

3 - Orange Belt

Merrily We Roll Along

2 measures (8 beats) introduction
on recording

Traditional

Mer - ri - ly we roll a - long, roll a - long, roll a - long.

Mer - ri - ly we roll a - long, o'er the deep blue sea.

to review:

G A B

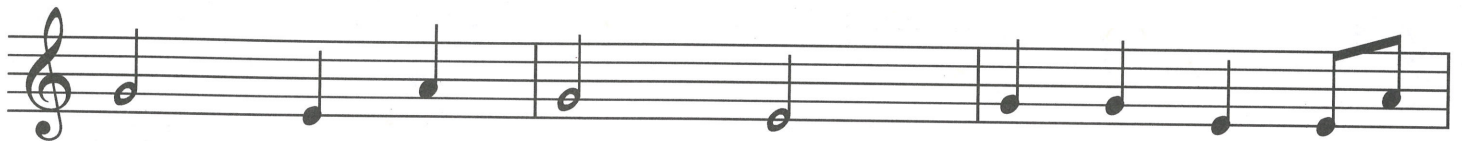
It's Raining

7 beats introduction
on recording

Traditional



It's rain - ing, it's pour - ing, the




old man is snor - ing. Went to bed and he



bumped his head and he could-n't get up in the morn - ing.

New things to learn for the Green Belt song:

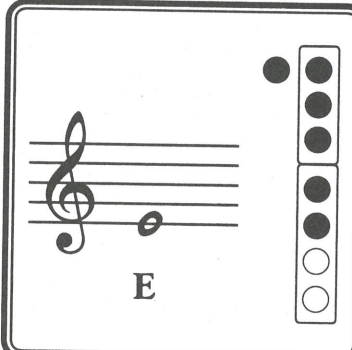
new rhythm:



two eighth notes = 1 beat

(Each single eighth note gets 1/2 beat.)

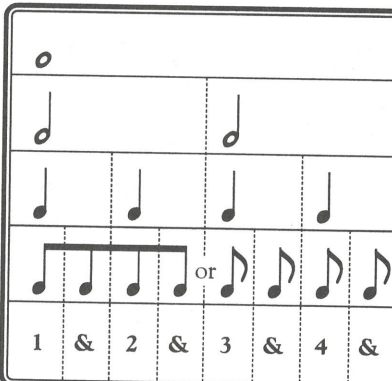
new note:



E

4
4

counting:



1 & 2 & 3 & 4 &

Old MacDonald Had A Farm

4 measures (16 beats) introduction
on recording

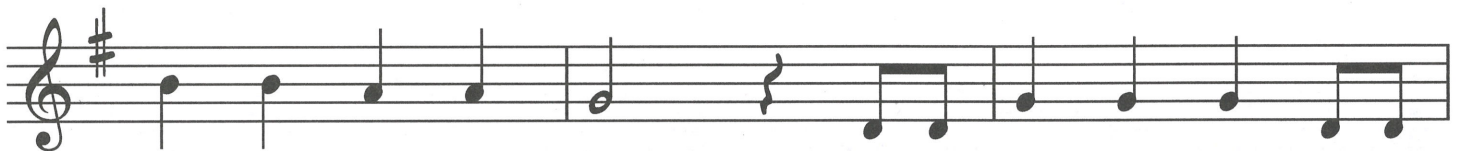
Traditional



Old Mac-Don-ald had a farm. E - I - E - I -



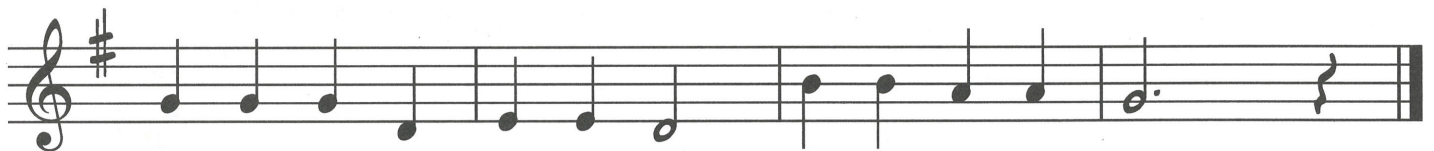
O. And on that farm he had some chicks.



E - I - E - I - O. With a chick chick here. And a




chick chick there. Here a chick, there a chick. Ev'-ry-where a chick chick.




Old Mac-Don-ald had a farm. E - I - E - I - O.

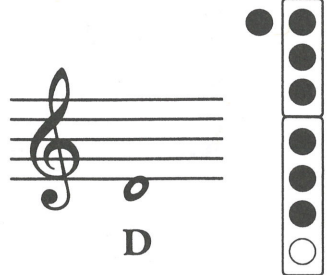
New things to learn for the Purple Belt song:



quarter rest = 1 beat of silence



dotted half note = 3 beats
(A dot after a note gets half the value of that note and makes it that much longer.)



D

new note